

Aviles Headrest Instructions

1. Place headrest on stretcher so that the side gel pad is against the side of the head with the non-operative eye (*i.e.* if the patient's right eye is being operated on then the side pad goes against the left side of the head).
2. The headrest can usually be placed on top of the foam pad that comes with the stretcher. However for larger heads or deep-set eyes, better positioning can sometimes be obtained if the foam pad is removed, allowing the patient's head to assume a more horizontal position.
3. Have the patient lay on the stretcher with his/her head centered on the bottom gel pad.
4. If using a two piece wrist rest, the non-operative side wrist rest is adjusted to brace the headrest. The operative side wrist rest can then be adjusted to the surgeon's preference.
5. If using a single piece horseshoe wrist rest, it may be difficult to brace the headrest and also achieve a good ergonomic hand position for the surgeon. In this case it may be necessary to find an alternative method to secure the headrest, such as Velcro strips which can be applied to the bottom of the headrest.
6. Finally, adjust the side gel pad by depressing the lever and moving the gel pad so it is snug against the side of the patient's head.

Cleaning Instructions

For cleaning and disinfecting use conventional hospital-approved topical equipment cleaners and disinfectants that do not contain alcohol. Avoid alcohol or other strong undiluted disinfectants that may harden the products surface or cause staining. The gel pads are impervious to liquids making wet, cold sterilization a recommended means of sterilization. Thoroughly rinse gel pads with clear water to remove any residue from cleaning solutions. Gel pads are washable at temperatures of approximately 103°F/40°C. Gas sterilization, autoclaving, washing machine and dryer use are NOT recommended.