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## **Gulden Ophthalmics**

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## Qarad B.V.

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- 1. Hold card approximately 14 inches from eye. If you use reading glasses or bifocals, wear them for this test.
- 2. Cover the left eye and look at the center white dot at all times.
- 3. Observe carefully for any distortion or waviness of the lines while staring at the center white dot.
- 4. Repeat the test by covering the right eye and viewing with the left eye.
- 5. If you notice any distortion, change or waviness in the lines while covering either eye, call your eye care practitioner immediately.