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Hold the light three feet from the patient wearing the red and green spectacles. The red lens should be on the right eye and the green on the left eye.

If the patient sees two red dots they are using the right eye only. If the patient sees three green dots they are using the left eye only. If the patient sees four dots they are using both eyes and has at least grade one binocular vision.

If the patient sees five dots they are not fusing and for this test shows diplopia.

If the accuracy of the patient's answers are doubted, reverse the spectacles so that the red lens is before the left eye and the green lens before the right eye and proceed as above.